



Nanotech Checklist: Stop Sabotaging Your Health

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Ingredients

Nanotech ingredients I would never touch.

- * Titanium Dioxide/Ci 77891/Titanium White/Pigment White 6/E171
- * Silicon Dioxide/Silica/E551 (E550–E559)
- * Zinc Oxide (most likely it's nano-sized)
- * Iron Oxide/Ferric Oxide Red/Ci 77491
- * Tin Oxide
- * Aluminum/Alumina/Aluminum Hydroxide/Aluminum Silicate
- * Cadmium



Red Flag Supplements

Supplements I would never touch. Highly dangerous or toxic.

- * Zeolite (yep, that's right... it's an [aluminum silicate](#))
- * Diatomaceous Earth (microscopic sharp nanoblades)
- * Bentonite Clay (also an aluminum silicate)
- * Colloidal Silver (there are non-nano colloidal silvers, however they are rare)
- * Colloidal Gold/Liquid Gold/Supercharged Gold
- * Nano Copper
- * Adia Clarity
- * Volcanic Ash/Charcoal/Activated Charcoal/Activated Carbon (only for emergencies)
- * Carbon 60/C60/Gretzka's C60/ESS60/C60 EVOO
- * Nascent Iodine (regular Iodine is fine)
- * Shilajit (nanocarbon rock goo)
- * Fulvic acid/fulvic minerals (great in the soil though)



Red Flag Keywords/Nano Synonyms

Keywords that usually indicate a product contains nano.

- | | |
|-----------------------------|----------------------------|
| * Molecular manufacturing | * Microfine |
| * Mono-molecular | * Ultrafine |
| * Mono-atomic (single atom) | * Small particles |
| * Atomic | * Superior absorption |
| * Zero dimensional | * Superior delivery system |
| * Two dimensional | * Microporous |
| * Angstrom | * Mesoporous |
| * Micronized | |



Yellow Flag Keywords in Supplements

Keywords in the supplement industry that could indicate a nano product.

- | | | |
|---------|-------------|-----------------------|
| * Ionic | * Liposomal | * Extra Bio-available |
|---------|-------------|-----------------------|



Regarding Controversial Choices

I have listed so many supplements and products, it's guaranteed that you have at least used one of them in the past.

The goal of this checklist is not to explain WHY things are on this list, however, please know that behind every single item on this list is hours of research and science.

You may think you know all about how 'zeolite safe and it's just a volcanic rock', or how 'fulvic acid actually works'... but just consider for a moment there's a 2% chance you're wrong.

Is it worth exploring another point of view for the sake of your health?

I would point out that not everything that makes you feel better is good for you long-term.

Painkillers and antibiotics make people feel great, however we all know about their side-effects and the damage they cause to our health.

Regarding Micronized/Microfine

Officially, these do not refer to the nanoscale, however based on their toxicity and nano-like properties, they are classed as nanomaterials. More info: <https://t.me/powerofthepulse/93>

Supplement Scams

Zeolite 1: <https://powerofthepulse.substack.com/p/died-suddenly-news-just-sold-out>

Zeolite 2: <https://rumble.com/v3x3884-zeolites-do-not-remove-heavy-metals.html>

Silica: <https://rumble.com/v3yn5b4-how-silica-nanoparticles-destroy-the-gut-brain-connection-beware.html>

Nano Silver & Carbon 60: <https://rumble.com/v3dw0z9-2-supplements-i-would-never-use-this-is-hurting-you.html>

Nano Silver: <https://rumble.com/v418v62-nanosilver-brain-damage...-what-a-surprise.html>

Activated Charcoal: <https://powerofthepulse.substack.com/p/activated-charcoal-a-nano-supplement>

Bentonite Clay: <https://powerofthepulse.substack.com/p/bentonite-clay-in-100-seconds>

Fulvic Acid: <https://powerofthepulse.substack.com/p/everything-goes-11052024-identifying>

Nano Gold: <https://independz.podbean.com/e/everything-goes-02-26-2024-psyop-identification-nano-gol/>

I have spoken in-depth about all of the above supplement psyops and more such as Methylene Blue on my Telegram, join: <https://t.me/powerofthepulse>

My Request

Please share this information. Spread the word. Share this PDF with someone you know.

A single seed of doubt could save an autistic child from being irreparably damaged.

A simple share in a Facebook or Telegram group could save a young woman from infertility.

And to learn more, follow:

1. t.me/powerofthepulse
2. rumble.com/c/PowerofthePulse
3. independz.podbean.com

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